



SHAPING THAMESMEAD

Connecting Communities for
health and well-being

How have you
been over the
last year?

What has helped
you to cope?

Has your
mental health
and wellbeing
been affected?

Are you
connected
with your
neighbours?

The **London Borough of Bexley**, the **Royal Borough of Greenwich** and **Peabody** would like to hear about your experiences and what you wish could be different in Thamesmead. This will help us to get a better picture of what the community needs now and in the future to help improve your mental health and wellbeing.

Throughout April we'll be holding **online focus groups and one to one conversations with residents**. If you would like to be involved in discussions where you can voice your views, shape services, and help inform how funding could be used, please follow the links in the schedule to book onto a session or contact **ThamesmeadCommunityTeam@peabody.org.uk**. All participants will receive a **£20 voucher** for their time.

Wellbeing & Mental Health Focus Group Schedule

Session One (Afternoon)

7 April 2021 • 12:30 – 14:00

Please join us, register for free at
www.eventbrite.co.uk/e/146755783499

Session Three (Afternoon)

14 April 2021 • 12:30 – 14:00

Please join us, register for free at
www.eventbrite.co.uk/e/146759793493

Session Two (Evening)

7 April 2021 • 18:30 – 20:00

Please join us, register for free at
www.eventbrite.co.uk/e/146759446455

Session Four (Evening)

14 April 2021 • Time:18:30 – 20:00

Please join us, register for free at
www.eventbrite.co.uk/e/146759988075

THAMESMEAD 

 Peabody




ROYAL borough of
GREENWICH